



better health

Learn to be heart smart and wise up on safe skincare

March in March

Melanoma is the most common cancer affecting people aged 15-29 and the leading cause of cancer death in 20-29 year-olds. One Australian is dying from melanoma every 15 minutes, and 90 per cent of melanomas can be prevented. It's time to take control of your skin health. To join the fight, visit www.skin.org.au and download the SkinSmart app.



SAFE STORAGE

Move over musty mothballs, Orphea Clothes Protector products naturally safeguard clothes and linen. Made from over 400 plants and flower extracts, they take up minimal space and have a pleasant, subtle fragrance. \$6.95 (12-pack of strips) or \$8.95 (2-pack of diffusers), visit masterdistributors.com.au/brands/orphea.

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Min Tag Air
 Say goodbye to skin tags with Min Tag Freeze Skin Tag Remover. It offers safe and painless removal of skin tags on the neck, in the armpits and under the breasts. Min Tag Freeze Skin Tag Remover comes with over 1000 target shields for targeted application and protection of surrounding skin. It's \$29.95 and available from pharmacies.

Broad spectrum



Master your heart
 It's a continuing...



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