

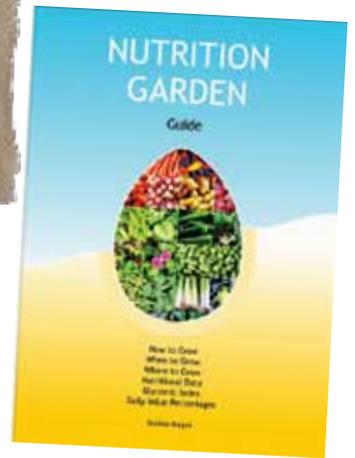


EASY PICKINGS

Made in Australia from 85 per cent recycled material, these Replicotta pots are perfect for growing flowers and health-giving herbs close to the kitchen for quick and easy pickings. They have the look and feel of traditional terracotta, but without the weight. Available from Bunnings stores nationally, prices start from \$3.98 for a standard 150mm pot.

Keep your garden in tip-top condition for a harvest of nutritionally dense fruit and veg, writes KYLIE MCGREGOR.

healthy garden



NUTRITIONAL NOUS

Get in the nutritional know with Aracaria's new *Nutrition Garden Guide*, which includes information about how, when and where to grow your own nutritionally rich food – all in a laminated easy-to-use format. It includes 24 "super" vegies known for their health-giving properties, from spinach and kale to broccoli and broad beans. Dig in! Available for \$15 from aracariaguides.com.

OLD-TIME FLAVOUR

If you are hankering after old-time, heirloom fruit trees with flavour-packed fruit, then check out the new website and online catalogue from Heritage Fruit Trees. Their speciality is apples, with over 90 varieties, but berries, pears and stonefruit are also part of the range. A retail nursery is also open. See heritagefruittrees.com.au or phone 03 5349 2888.



THE GOOD OIL

Eco-organic Garden (EOG) has released a newly formulated 'HIPPO Enhanced' certified organic eco-oil that actively attracts beneficial insects to your garden (including lady beetles, lacewings and hoverflies) while helping to control pests (such as aphids, mites, scale and citrus leafminer). EOG says the oil contains Herbivore Induced Plant Protection Volatiles/Odours (HIPPO) and mimics the natural defence mechanism of plants under attack every time it is sprayed. The updated formulation is backed by overseas and local research. Available for \$9.95 from garden centres or ecoorganicarden.com.au; 1800 634 204.



BACKYARD FRUIT

If you're short on space but want to grow your own fresh, healthy fruit, then the Fleming's 'Pick of the Crop' guide will come in handy. Third-generation nurseryman Wes Fleming has personally selected the best apple, cherry, apricot, nectarine, peach, pear and plum trees suited to the backyard from the Fleming's range, including dwarf and miniature trees. The guide also provides tips on pollination, espalier, pruning and maintenance. Available free from selected nurseries from June. See flemings.com.au or call 03 9756 6105 for more information.